

# The C.O.R.E. Journey

“Experience without theory is blind, but theory without experience is mere intellectual play.”

Immanuel Kant

Everyone has a story. Your story is the story of both God’s love and pursuit of you, as well as the enemy’s attempts to separate you from God and the person you were created to be. In other words, it’s the story of the battle that has raged for your heart since before you were born. Many of us carry the marks, wounds, and scars of that battle without recognizing that different parts of our story impact us mentally, emotionally, physically, and spiritually.

But Jesus came to heal us, free us, give us life to the full, and lead us into the life He has for us. The C.O.R.E. Journey is about walking intimately and intentionally together on the journey of becoming real, authentic, and whole. It is the journey of engaging our brokenness and seeking Jesus and the promises that He came to heal the broken, set the captives free, seek and save what’s been lost, and give life to the full. The goal is to become the people we were created and called to be – people who live in freedom, walk in humility and courage, experience God, and give back in love to our families, community, and church. The C.O.R.E. Journey is an experience, and is more than learning information, gaining knowledge, and trying to apply that knowledge to our lives; that is part of the experience, but it is walked out in the fellowship of other broken people as we collectively pursue Jesus and all He has for us.

The C.O.R.E. Journey is not a sterile intellectual exercise, Bible study, book study, teaching course, accountability group, recovery group, or social group.

It is a fiercely intentional journey of bringing our humanity face to face with Jesus and allowing ourselves to be transformed by His love and grace. Through that relationship with Jesus we find ourselves being led into the greatest adventure of all time...walking with God into the destiny He has prepared for us.

The C.O.R.E. Journey has two central parts. First, it’s the journey of recovering what’s been lost, broken, scarred, forfeited, bound or abandoned on our journey through life. In other words it’s the journey of healing and freedom....the journey of restoration. Second, it’s the journey of stepping into who we truly are and what we’ve been created for. The journey of walking into our calling as individuals and our part in God’s story....the journey of engaging.

# C.O.R.E. – What does it mean?

- (C) Crucify:** Call out and crucify the 'old man'. Tell your story and lay it at the foot of the cross.
- (O) Orient:** Orient yourself to the story God is telling and your unique and irreplaceable role in that story. Along with others discover the purpose God has for your life.
- (R) Restore:** Allow God to heal what's broken, free what's bound, and restore us to the people we were created to be.
- (E) Engage:** Engage in life. If we are to become who we were born to be, we must engage with God, our loved ones, the Church, and those still on the battlefield. C.O.R.E. creates an environment where we can engage in intimate relationship with Jesus and others...and through those relationships discover our calling and engaging in that as part of 'life to the full'.